Charity registration number SC029979 (Scotland)

Company registration number SC205665

The Moira Anderson Foundation

Annual report and financial statements

for the year ended 31 March 2025

Legal and administrative information

Trustees Sandra Brown

Sheena Pollock Angela Donaldson Peter McCrossan Kerry McGhee Javita Narang Mary Gibb

Deborah Brown

(Appointed 13 August 2024) (Appointed 10 June 2025)

Secretary Mary Gibb

Charity number (Scotland) SC029979

Company number SC205665

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Report of the Chair

for the year ended 31 March 2025

I am proud to present this Chair's Report, which highlights the Moira Anderson Foundation's (MAF) progress over the past year. As we support survivors of childhood sexual abuse, we have grown, shown resilience, and remain dedicated to healing and hope.

On Monday, 24th February, we proudly marked a significant milestone: 25 years of the Moira Anderson Foundation since its founding. This Silver Jubilee celebrates both our longevity and all the lives the charity has impacted. Since its inception, we have supported over 9,000 survivors, and this year, we reaffirm our commitment to expanding our reach and deepening our impact.

The anniversary event, in February 2025, was a heartfelt occasion attended by supporters, ambassadors, and dignitaries, including Sir Tom Clarke and Matthew McVarish. A small silver birch tree was planted in Moira's memory, symbolising growth, remembrance, and resilience. The newly unveiled Memorial Garden at our Airdrie headquarters has become a tranquil space for reflection, honouring Moira and all those we serve.

Throughout 2024-25, we continued to offer therapeutic services, advocacy, and outreach. Our team of resolute staff and volunteers provided trauma-informed support, counselling, and holistic therapies to individuals and families across Scotland. We also strengthened our partnerships with statutory and voluntary agencies, ensuring survivors receive comprehensive and compassionate care.

We launched new initiatives aimed at LGBT+ inclusion, community engagement, and youth empowerment. These efforts reflect our commitment to inclusivity and meeting the evolving needs of those we support.

Our fundraising efforts were strengthened by a series of very successful events, including the MAF Quiz Night, The Lunch, and *Divas with a Difference*, a musical night of delights. These events not only raised essential funds but also built a sense of community spirit and heightened awareness of our cause.

We are profoundly grateful to our supporters, donors, and volunteers whose generosity sustains our work. I had the pleasure of hosting the Lunch and meeting poet Len Pennie, the young social media phenomenon who was our special guest.

Not only was Len happy to give her time freely, but she dedicated a poem to MAF called *You Are Here* which is to appear in her second book, and asked her followers to donate to us through a link if they liked the shared poem. This very kind gesture alone raised over £8K for the charity over the period under review. It is a great example of how people can be touched by our cause.

We were honoured to receive continued recognition and support at the highest levels from the Scottish Parliament and local leaders, affirming the importance of our mission and the trust placed in us by the community.

We also had the resignation of a longstanding board member, Rukhsana Saleem, and we wish her all the best for her future endeavours. We also successfully recruited two new board members, Mary Gibb and Deborah Brown, with the latter due to join us early in the new financial year. Each of the new members brings a unique perspective to the Board.

As we move forward, our focus remains on expanding access, advocating for survivors, and building resilience while also considering succession planning in a way to minimise disruption to ongoing operations.

We are exploring new digital tools to enhance service delivery and are committed to ongoing staff development, as well as maintaining excellence in safeguarding.

On behalf of the Board of Trustees, I wish to express my sincere gratitude to our Founder, Sandra Brown OBE; our Chief Executive, Gillian Urquhart; and all our staff, volunteers, and individuals who have supported us on this journey. Together, we honour Moira's memory and continue to build a future where survivors are heard, supported, and empowered.

We remain hopeful that Moira's body will be found, and closure brought to her grieving family.

2025 is proving a significant milestone year for us all. Here is to the next chapter of hope, healing, and transformation.

Peter McCrossan Chairperson

20 November 2025

Founder's report

for the year ended 31 March 2025

Twelve months on from financial year 2023-24, it's good to note far more stability at MAF.

Three things have proved tough nuts to crack- long waiting lists, staffing gaps and the appointment of a Volunteer Co-ordinator. Mainly due to uncertainty after redundancy consultation (which thankfully proved a minimal process) waits have reduced, but vacancies have meant pressure particularly on administration and reception staff. It has been complex to attempt to replace specialist skills lost which are so vital to smooth operations.

I founded MAF in 2000 to help those affected by CSA (Child Sexual Abuse.) Since then the charity has grown amazingly, expanding to meet evolving needs and a significant year on year increase of referrals from all age groups. This trend continues showing our services are clearly needed. MAF has operated not just in Airdrie over the period under review, but also at our much-admired Hub in Glasgow for city centre clients and through outreach work for example in Maryhill, Possilpark and Drumchapel. To date circa 9,000 clients have been supported.

Our Chair, Board and CEO Gillian Urquhart along with her team of operational staff have navigated the charity into less choppy waters. Some of our goals for 2024-25 remain ongoing objectives, but many have been successfully met, which will be seen on further reading.

At a time where many charities continue to experience financial fragility, I am hugely appreciative to those trustees, staff, therapists and volunteers who show such commitment. Without them, we wouldn't be here. We are lucky to be not just surviving but thriving once more.

Five years on from our Investors in People Platinum Award, and Scottish Charity of the Year -Highly Commended Award, we continue to be an innovative and resilient agency. Accolades have come our way from near and far. A Special Recognition Award from Lord Provost of North Lanarkshire Kenneth Duffy gave us a boost in 2023-24, reflecting that we are respected in our local area as did another from International Beverage Ltd- Inverhouse Distillery which awarded us Spirit of the Community 2023-24 and which has continued to support us in 2025.

MAF is regarded highly by local wellwishers, but thanks to Matty McVarish, a former beneficiary, we have caught the eye of the international community. A Board Adviser, and our Global Ambassador after his amazing 18-month Road to Change Walk of 10,000 miles across Europe to raise awareness of CSA, he still seeks new challenges. Matty holds a permanent seat at the Council of Europe to advise all 47 Euro Governments on child protection issues. He helped found the Brave Movement -MAF is a member- which is now active on 3 continents. He attended the UN's Violence Against Children Symposium held in Bogota, Columbia in November 2024 and now takes forward its findings over 2025-26.

Matty and MAF have consistently advocated for children to access a safe setting when giving evidence and the right to have support to recover from the trauma of both abuse and testimony.

We are now within touching distance of seeing the Bairns' Hoose with the sensitive Icelandic model we endorse being made available to all Scottish children and young people at long last.

A personal highlight was seeing the podcast I narrated for Audible entitled COATBRIDGE: The Disappearance of Moira Anderson reach No. 1 in summer's true crime releases. It was voted Runner Up Scottish Podcast of the Year 2024 at the Scottish Press Awards. It is listed in the Best of 2024's general releases. Achieving over 1.6K 5-star reviews, the podcast has also progressed Moira's case, Police Scotland remarkably viewing one lead as 'significant.'

Wherever it takes us, it is astonishing to experience these developments while welcoming our Silver Jubilee anniversary and planting a silver birch tree in Moira's memorial garden on February 23, 2025 was a beautiful event. We were joined by a number of specially invited guests who admired a stunning cake created by our Volunteer Edna Doran. With our Treasurer Sheena Pollock who has given a remarkable 25 years of service to the charity, I was delighted to cut the cake on an emotional, but happy day.

Over recent years the experience of Chair Peter McCrossan, another very safe pair of hands, has also been greatly valued. As MAF celebrates, it is good to have Peter at the helm.

Founder's report

for the year ended 31 March 2025

MAF is a lifeline of support for many clients. Some have re-built their lives. David MacArthur has waived anonymity and written a book and will donate proceeds over 2025-26. I myself updated my original bestseller Where There is Evil with an additional 100 pages (release date September 2025) along with a new audiobook where I narrate Moira's story. All of these endeavours boost MAF's profile, promote publicity and generate modest but welcome income.

There are still challenges ahead, of course. The rolling out of Bairns' Hoose is transformational and gives Scotland the chance to do things differently. However, we can't predict whether specialist courts for sexual crimes will restore confidence in the justice system. Though in theory all complainers may give evidence in advance and witnesses shouldn't have the biggest source of distress – long waits and delays- they will go ahead in the existing 9 High Courts and 39 Sheriff Court locations, which isn't ideal: and there's no way of surmising whether the Not Proven verdict- if consigned to history- will truly make a difference to things when there still isn't clarity as to the figure needed for a majority verdict from jurors.

MAF's campaign to see change for vulnerable witnesses began on day one of our journey. So it's gratifying to see developments such as giving evidence on commission well away from court now filtering through. It's just saddening to think it has taken a quarter of a century.

A heartfelt thanks to all who have supported our cause. Moira's family left the light on for her for many years hoping it would guide her home. We believe we have kept that small beacon in the darkness going for many survivors. Even more incredibly, it is still going almost 70 years on.

Sandra Brown OBE

Sandia Grown

Founder

20 November 2025

Trustees' report

for the year ended 31 March 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charitable company's governing document, the Companies Act 2006 the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Reference and administrative details

Details of the charity and company registration numbers, principal address, names of current trustees, and key advisers are provided on the Legal and Administrative Information page.

Further information is also included on all trustees who served during the reporting period or were appointed after the year end, together with details of all staff.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Sandra Brown Sheena Pollock Angela Donaldson Peter McCrossan Kerry McGhee Javita Narang

Rukhsana Saleem (Resigned 29 April 2025)
Mary Gibb (Appointed 13 August 2024)
Deborah Brown (Appointed 10 June 2025)

Staffing for the 2024-25 financial year was as follows:

Staff 2024 – 2025 Job Title

Gillian Urquhart Chief Executive Officer

Maria Hanlon Service Delivery Manager

Janine Izat Glasgow Hub Manager

Audrey Leckie Positive Steps Co-ordinator

Laura Fawcett Administrator & Client Support Officer (promoted 2025)

Margaret Mills Family Co-ordinator

Fiona Caldwell

Client Support Officer- Children, Young People & Adults

Ann Fabiani

Client Support Officer- Children, Young People & Adults

Erin Foley

Client Support Officer- Children, Young People & Adults

Jo Marsh Client Support Officer- Adults

Chaimae Baggari Client Support Officer & BAME Worker- Adults

Moira Hughes Client Support Officer

Gillian Wardhaugh Client Support Officer (resigned March 2024)

Administrator & Social Media Officer (appointed February 2025)

Trustees' report (continued)

for the year ended 31 March 2025

Leigh Robinson Finance Manager

Kirsten Jorgensen Administration Supervisor & Board Minutes Secretary

Lisa Cameron Client Support Officer- Adults, Glasgow

Debbie White Administrator, Airdrie
Catherine Scott Administrator, Glasgow
Eileen Waugh Positive Steps Co-ordinator

Alison Sneddon Administrator, Airdrie (appointed July 2024)

Structure, governance & management

The Governing document is referred to as The Constitution. The charitable company is controlled by its memorandum and articles of association, and constitutes therefore a limited company, one which is also limited by guarantee, and also as defined by the Companies Act.

The Constitution was revised to meet OSCR requirement, and lodged at Companies House at 31 March 2019.

Induction and training of new trustees

The Board was joined by Mary Hagan (now Gibb) who has already contributed to several key areas of work and agrees to become Secretary in 2025-26. Her background is one of wide experience in education, being a former Primary Headteacher and more recently, a member of HM Inspectorate for Schools, assessing national standards. Mary attended a Development Day in October 2024 where around 20 of the MAF Team warmly welcomed her. All potential Board Members must follow due process to become a Trustee then have specific training as required, eg, in Governance. Several courses have been accessed by Trustees over the review period.

Organisational structure

There have been few changes to operational structure. Staff continue to be led by Chief Executive Gillian Urquhart, with Maria Hanlon as Service Delivery Manager having responsibility for co-ordination and evaluation of operations. Margaret Mills continues as Family Co-ordinator. Chaimae Baqqari continues to have a remit for BAME issues. Our Training Portfolio has been enhanced by both Audrey Leckie and Kirsten Jorgensen gaining accreditation as Safe Hands Trainers through the UK Protective Behaviours Partnership.

Leigh Robinson remains as Finance Manager. Kirsten Jorgensen continues as Administrative Supervisor with responsibility for Board Minutes and liaising with incoming Secretary Mary Gibb.

Debbie White covered all reception services at Airdrie till Alison Sneddon joined in July. Gillian Wardhaugh returned having successfully applied for a new post of Administrator & Social Media Officer created due to the level of work required to deal with social media. Laura Fawcett was internally promoted after a demanding dual role as Positive Steps Project Worker for 3 days per week with 2 as Office Administrator and is now a Client Support Officer in Glasgow.

Janine Lamont, now Izat, continues as Manager at the Glasgow Hub and has overseen several successful funding applications. Over the year, sessional therapists utilised over both centres averaged around 13 people.

Trustees' report (continued)

for the year ended 31 March 2025

Chairs since the launch of the charitable company

Adam Ardrey 2000-2002

Fiona Leggat 2002-2004

Cath Thomson 2004-2008

Janet McGill 2008-2010

Paul Pia 2010-2015

Maggie Docherty 2015-2022

Peter McCrossan 2023-Present

Honorary Patron - Janet Anderson Hart

Honorary Founder - Sandra Brown OBE (received for services to Child Protection in Scotland.)

International Ambassador- Dr. Matthew McVarish, actor, writer and award-winning Human Rights activist, United Nations Member, Top Scot Glenfiddich *Spirit of Scotland Awards* 2014, Campaigner of the Year Runner Up, *Scottish Politician Awards*, 2014. Scottish Charities Champion 2015-16

Matthew's TEDx Talk: You Actually Can is on his website www.matthewmcvarish.com.

Matthew's book The Truth No One Tells Teenagers is given freely by Matty to Clients.

Company Members -Sandra Brown, Sheena Pollock, Paul Pia, Phil Wheeler, Maggie Docherty with Peter McCrossan (ex-officio.)

Board Advisers - Marcello Mega, Kirstin Naismith, Matthew McVarish, John Jess, Phil Wheeler and Paul Pia advise as required, on areas of expertise: these are Marcello (Publicity and PR), Kirstin (Client Services), Matthew (Child Protection), John (Quality Assurance), Phil (Finance) and Paul (Governance). Advisers need not attend Board Meetings but may do so if wished.

All Board Members and Advisers work in a voluntary capacity as do Company Members who meet at least once a year and appraise the Board's performance annually.

Organisational format

The Board consists of Office Bearers (Chair, Treasurer, Secretary) the Trustees, and Advisers as required. CEO Gillian Urquhart oversees all staff, therapists, and volunteers and attends Board Meetings. The role of Safeguarder is continued by Dr Javita Narang for the Board, and by Maria Hanlon as Lead Safeguarding Officer within operations and all other aspects to include disclosure checks and subject access requests.

In the period under review we had one Trustee resignation and it is the intention of the Board to welcome a new Trustee Deborah Brown during the incoming financial year due to her expertise in legal work particularly family law, and child protection.

Deborah is known to the agency from a few years of service as a director pre-2010. Her current job is as a Lecturer in Law at South Lanarkshire College where she has developed courses of interest to the Scottish Police College. Deborah's skills in all areas mentioned are expected to be highly relevant as per our strategic forward planning for 2026-2029.

Trustees' report (continued)

for the year ended 31 March 2025

Relationship with wider network

Memberships:

- Member of Scottish Council for Voluntary Organisations.
- Member of Volunteer Action North Lanarkshire, and South Lanarkshire.
- Member of VOCFS, Victims Organisations Collaboration Forum Scotland.
- Member of COSCA, Counselling and Psychotherapy in Scotland.
- Member of the Cross-Party Parliamentary Working Group on Survivors of CSA.
- Member of VANL's Children and Families Forum Lanarkshire.
- Member of the Scottish Human Rights Consortium.
- Member of N Lanarkshire CVS Mental Health and Wellbeing Network

Collaborative links:

- Children 1st, incorporating Childline and Parentline.
- Kingdom Abuse Survivors Project, and Safe Space, Dunfermline, Fife.
- · Rape Crisis Lanarkshire.
- Break the Silence, Kilmarnock, Ayrshire.
- WRASAC in Dundee, WRASAC in Perth and Kinross.
- First Tier.
- Victim Support Scotland.
- · Scottish Women's Aid.
- Lucy Fairfull Foundation.
- · With Kids.

Over MAF's history, we have also had regular liaison with the following organisations:

Addiction Services, Social Work, Barnardos, Criminal Justice, Glasgow Links Practitioners, GAMH, Health in Mind, Scottish Association for Mental Health, Future Pathways, NHS, GPs, Health Visitors, Health & Social Care Alliance Scotland, Citizen's Advice Bureau, Routes to Work, Glasgow Council on Alcohol, Self-Management Network, Thriving Survivors, Inspiring Scotland, Wellbeing Scotland.

We may contact Witness Service, Crown Office Procurator Fiscal Service, and also VIA (Victim Information and Advice) to provide support to clients going through the judicial process, liaising with the Criminal Injuries Compensation Authority, Victim Support Scotland, and also with Police Scotland. We also work closely with a Criminal Justice and Children 1st Partnership currently rolling out the Barnahus or 'Bairns' Hoose' Scotlish model within Lanarkshire & North Strathclyde, and have staff representation on a number of steering groups progressing this work.

We have informal links with a number of other agencies which support survivors including NAPAC the national association for people who have experienced abuse in childhood, and some dealing with offenders. MAF signposts those concerned about offenders to agencies eg, Lucy Fairfull Foundation (Scotland) where offending behaviour may be discouraged with help.

Risk Management

The Board appointed Ellis Whittam providers of employment law, HR and Health & Safety Services, to minimise the Regulatory Risk of non-compliance in 2010 and this has proved satisfactory. Their role covers all staffing aspects. It ensures provision of a dedicated legal adviser, with any employment related claim robustly defended on behalf of MAF. The insurance also provides cover for any compensation awarded to an individual against the charitable company amounting to £100K with an annual cap of £1 million. This arrangement continues for the period 2023-2024.

Trustees' report (continued)

for the year ended 31 March 2025

Objectives and activities

The Moira Anderson Foundation provides a place of safety for children and adults who have been affected by Childhood Sexual Abuse (CSA). It has developed a unique and proven holistic approach to CSA prevention and the rehabilitative support of those who have experienced trauma. It provides a wide range of effective services to clients, and also to external individuals and agencies.

This includes high quality training on child protection- personal safety programmes MAF customised as Safe Hands Courses on early intervention- to assist in preventing issues arising- among other topics, bullying, staying safe from drugs, violence and CSA. The framework for these courses is based on Protective Behaviours and we became part of the UK Protective Behaviours Partnership during 2024.

Other courses such as Positive Steps have been developed to assist the personal recovery of clients as they start to heal, and again there is a portfolio of award-winning training courses developed over 2 decades.

The services have been highly successful to date. However, there is a need to maintain, develop and market our training, to reach a wider audience. This being key for our next stage of growth, during the period under review we have created a post promoting training (including our volunteer training) as well as opportunities to donate to MAF which focuses on social media and on-line networking. The Board has also agreed to engage with consultant Jennifer Payne on the same area of work given her extensive expertise, from the start of financial year 2025-2026.

Our Vision: Is to live in a world free from Child Sexual Abuse.

Our Mission: Is raising awareness of CSA in society, building trust with survivors, offering a range of therapeutic services in a safe and caring environment, and reducing the impact of trauma.

Our Values: Our values are prominently displayed at our hub and an organic art mural, publicly 'unveiled' by our Honorary Patron captures Moira's story and shows MAF's journey since 2000. To compliment the mural now in our Link Corridor, painted by artist Tetiana Hurn, it was refreshed 2024. It incorporates recent successes, and displays our intrinsic core values which are:

- COMPASSION- Staff are fully trauma-informed, aware of the impact of Adverse Childhood Experiences and knowledgeable on finances, benefits, relationship dynamics and a wide range of circumstances which may result in significant mental health issues for clients.
- **RESILIENCE** The range of client services promotes the building of personal resilience at different stages of recovery. The right therapy in a safe setting gives hope to many, as does shaping a belief that things can change; with help, they can re-write the script to access the life they want to lead.
- TRUST- There is mutual trust in the agency's ethos, promoting equal opportunities for clients as well as staff. There is an emphasis that we will strive to see fairness for all who enter our doors.
- **INTEGRITY** Clients are seen for the incredible human beings they all are, and we look past the issues. There is no judgement, and we are inclusive.

We believe our values sit at the heart of all we do. Evidence is winning the LGBT Gold Award and producing a separate policy specific to LGBT issues which became operational in 2024. Trust and mutual regard is integral to all we stand for, both for clients and staff.

"I observed a fantastic culture of appreciation, where people felt valued and recognised for their efforts and performance, which motivated them to perform at their best." (IIP Review 2020)

"4 years on, MAF continues to nurture what I observed. 100%." (Assessor N. Dillon, 2024.)

Main Activities

- Helping and supporting children, young people and adults who have disclosed abuse.
- · Assisting needs of vulnerable witnesses going to court, if required, e.g. phone support.
- Providing emotional/ practical support and a range of therapeutic services tailored to individual needs.
- Campaigning for improved treatment of children and other vulnerable witnesses in the legal system by promoting the Bairns' Hoose model as best practice and assisting in the aftermath of court proceedings, including help with the media.
- · Signposting access to legal help.

Trustees' report (continued)

for the year ended 31 March 2025

- Building links with the BAME communities to ensure awareness that MAF is inclusive.
- Delivering early intervention courses, eg Safe Hands- raising awareness of keeping safe to a wide range of people.
- Providing training for staff, volunteers, clients, and other educational resources on child protection to schools and agencies with child protection high on their agenda.
- Providing "Hands on Health" training courses devised to enhance client personal development and wellbeing.
- Providing complementary services to clients to enhance wellbeing and where appropriate, potential
 access to focus groups.
- Assisting clients who wish to use drop-in facilities or to mix with peers.
- Providing Training for Trainers courses, mentorship, and opportunities for staff for Continuous Professional Development as well as Trustees to access relevant training.
- Providing statistics, data, and research to inform local and national policy and practice.
- Liaising with statutory and voluntary agencies to build good networks.
- Partnering national agencies which share common aims and good practice.
- Partnering international agencies which share similar ethos and vision on CSA.

Client Statistics & Trends

Cases supported from inception reached 8106 as at 31st March, 2024. 802 referrals were made. The breakdown shows 77% were females, 22% were males and less than 1% were other.

Growing waiting lists remain a challenge. Staff working reduced hours due to financial restraints meant backlogs could not be tackled as efficiently, and staff leaving due to uncertainty when operations were under threat added to strain. Although stabilised, we still are seeing impact of cutbacks in hours, reduced funding, and loss of 1:1 support time.

	2024-2025	2023-2024
Total no. supported to date	8,106	7,104
No. of referrals within period	802	857
Overall gender breakdown	F: 77%, M: 22%, Other: 1%	F: 79%, M: 20%, Other: 1%
Supported during the period	918	967
Under-18 referrals	155	126
Under-18 breakdown	F: 73%, M: 25%, Other: 2%	F: 80%, M: 19%, Other: 1%
Age of youngest child seen	2	2
No. of clients aged 3 - 5 yrs	9	8
Gender breakdown 3 - 5 yrs	F: 71%, M: 26%, Other: 3%	F: 75%, M: 25%
No. of clients 6 - 16 yrs	114	94
Gender breakdown 6 - 16 yrs	F: 80%, M: 18%, Other: 2%	F: 80%, M: 18%, Other: 2%
Most referrals from aged band	26 – 45 (44% of all referrals)	26 - 45 (42% of all referrals)

Notable: jump in Under 18s and also males. In general, a 6% increase of referrals from males.

Some **942** people were supported across all our services in the year under review. The statistics highlight that the age range **26-42** shown was highest once more. The figures show how hard it is for survivors of CSA to come forward: the pattern is that it is often only disclosed decades down the line. Seeing abusers go free or relatively unpunished sends a very negative message to those considering reporting to police. Whether proposed new sexual crimes courts will make a difference to the significantly low conviction rates for rape and attempted rate is hard to predict.

Trustees' report (continued)

for the year ended 31 March 2025

Training

2 x 13-week Hand on Health courses ran at our Glasgow Hub over 2024-25. A total of 16 attendees participated with 15 successfully completing the programmes. Evaluations were highly positive, around improved mental health (93% vs target of 80%) improved emotional health (90% vs target of 70%) and improved overall confidence (95% vs target of 80%.)

Clients were invited to identify 3 goals to attempt by end of the programme. 100% of the attendees achieved at least one of selected goal and overall 86% of goals were realised.

These encouraging results may well have engaged the attention of the Whole Family Wellbeing Service which launches April 2025 and a working partnership will develop where any clients attending their service who has been affected by CSA may be supported by the Glasgow Hub.

6 x 2-day Safe Hands courses ran at Airdrie over the same period. The average number of attendees on each workshop was 6-8 people. The total number of participants who successfully completed the full course and achieved certification was 38. Evaluations were 100% positive, eg, 'Overall this course was an invaluable learning tool I highly recommend to anyone, especially those in roles supporting others.' 'The knowledge and skills gained are truly beneficial, and I feel much more equipped to handle challenging conversations with greater confidence and understanding.'

It is delightful that the Scottish Rugby Union who sent several attendees to Safe Hands make mention of its impact in their own annual report. Discussions are ongoing with the Catholic Church National Safeguarding Standards Agency regarding possible uptake of the course.

Financial review

The net surplus of the charitable company in the year was £9,695 (2024: £27,500) and the funds of as at 31 March 2025 were £374,828 (2024: £365,133). Of those funds, £98,768 (2024: £127,499) are restricted for specific purposes with £276,060 total unrestricted reserves (2024: £237,634).

Going concern

The funding landscape continues to be challenging, in particular unrestricted income continues to be difficult to achieve. Despite this and with regular financial monitoring the current forecast for the 2025/26 outturn does not indicate a material uncertainty with respect to going concern.

Reserves policy

The members of the Board of Trustees along with the Company Members have continued to monitor reserve funds with diligence. To meet ongoing operational requirements, the Board considers that total reserves equivalent to four months total expenditure remains appropriate, which is approximately £260,000. This would be required in either a crisis situation, or the winding up of operational services to cover all mandatory criteria, e.g. redundancies for permanent staff. The total reserves amount to £374,828 and so cover the level required above. The free reserves, which are defined as unrestricted funds not tied up in fixed assets at the year-end totalled £276,060, which is sufficient to cover 12 months of unrestricted expenditure based on current year levels.

Growth & sustainability

We see our role as vital in the Third Sector as the need for MAF is evident. In one recent calendar month alone for example, we saw 80 individuals appearing as new referrals.

We maintained a high profile over the year. We consistently achieved positive publicity from various accolades as well as the tree-planting ceremony held in our memorial garden for Moira to mark our 25th anniversary in February 2025 which received excellent media coverage.

Our International Ambassador Matthew McVarish continues to be a key leader among international activists propelling the Brave Movement from strength to strength with amazing momentum. In November 2025 Matty will be keynote speaker at the Catholic Church National Safeguarding Agency's Conference in Strathclyde University. This invitation is truly significant, and a wonderful vote of confidence in him to represent the voices of survivors with integrity.

Trustees' report (continued)

for the year ended 31 March 2025

As well as Matty, we have very strong leadership skills across MAF to enhance our credibility and sustain us. Chair Peter McCrossan has proved adept as Chair of the Board despite challenging and turbulent times. Our CEO Gillian Urquhart's effective high calibre leadership style is respected thoroughly by all who come into contact with her, including external assessors and other stakeholders. Just prior to the pandemic, we were thrilled to ask Gillian to attend a ceremony in London for GSK (a funding organisation renowned for its very exacting criteria) as despite several hundred UK entrants, we had reached their final top twenty of applicants. While we didn't win on the night, we were in exciting company. Now as the incoming financial year gets underway, we find ourselves once again on their radar and we are determined to equal our past achievement or... ideally... reach that top ten group!

OSCR -our regulatory body- indicates that around 25,000 Scottish charities which employ in total 218,000 paid staff all seek volunteers urgently. Sometimes it can feel like searching for gold, but volunteering can also bring individuals a real sense of making a difference. It was Mohammed Ali who said: "Service towards others is your rent here on Earth."

There are natural leaders in the ranks of our volunteers with innovative ideas. Our flagship event, the Lunch 2024 raised a remarkable 12K+ total thanks to their efforts. This was also due to sponsors helping such as Dear Green Coffee Roasters and Epic Games, both great supporters. Our volunteers have not only created a superb garden, but also amazing celebration cakes thanks to Volunteer Edna Doran. However, a Volunteer Co-ordinator to lead has been hard to find. Going forward, we have Gillian McLaughlin lined up in time for 2025's Silver Jubilee Lunch.

It has been vital to keep Moira's case in the spotlight. Over the years awareness has been helped by Sandra Brown's best-seller Where There is Evil (Pan Macmillan) and later by a solo play called One of Our Ain. An Audible podcast was launched late June 2024. Amazingly it has brought others forward with key information for Police. To reach no 1 in Audible's UK charts of true crime summer releases was incredible. COATBRIDGE: The Disappearance of Moira Anderson, however, even ended up being voted in at no 5 for The Best of 2024 general releases.

There is a brand new audience interested in Moira's case, it's clear. Thousands of 5-star reviews demonstrate her story is certainly of interest to many and is still at the heart of what we do at MAF. The charity is the best legacy possible to Moira's memory to ensure future generations are protected in a way she herself was not. Should the new disclosure guide Police Scotland to her final resting place in 2026, it would bring much deserved peace of mind to family members and be within touching distance of the 70th anniversary of her disappearance.

Plans for future periods

The following core objectives and key targets are ongoing and contained within our updated Strategic Plan for 2025-2028. It consists of 5 Strategic Priority Areas along with core objectives.

We will continue to:

- provide information and assist as many people as possible affected by sexual abuse.
- provide various types of therapy including relevant therapy for affected family members.
- provide complementary therapies and self-management tools to benefit CSA survivors.
- develop existing partnerships and further expand our outreach service geographically.
- · assist with advocacy needs as required.
- identify additional revenue streams noting national agendas/ local developments.
- provide complementary therapies and self-management tools to benefit CSA survivors.
- · develop existing partnerships and further expand our outreach service geographically.
- · assist with advocacy needs as required.
- identify additional revenue streams noting national agendas/ local developments.
- raise awareness of the prevalence of CSA at a national level as well as locally.
- raise awareness of MAF/ what we do, via website, social media, press, newsletters etc.
- contribute to Parliamentary X-Party Group for Survivors of CSA and responses needed.
- assist with the National Inquiry set up for In-Care survivors if required.

Trustees' report (continued)

for the year ended 31 March 2025

- . assist with children & vulnerable witnesses accessing Scotland's Bairns' Hoose model.
- partner with like-minded agencies to promote a collaborative approach on projects etc.
- recruit a Co-ordinator and develop volunteers' skills to assist us, eg with fundraising.
- . deliver a training portfolio of interest to peers, etc as well as training for our volunteers.
- training to enhance personal safety through strategic tools, eg Safe Hands courses.
 - training courses specifically aimed at client wellbeing eg our Positive Steps Project.
 - films/drama etc for training/awareness raising purposes & networking as required, and
 - presentations about our work by a variety of people, eg Founder, Staff, Volunteers, all speaking to groups such as Rotary, Church and Youth Organisations, School Assemblies etc. and continue to provide a number of regular Open Sessions for a mix of interested personnel e.g. professionals involved in academic research, counsellors, other agencies, students from the sectors of Childcare, Social Care & Healthcare who are future practitioners in these fields.

Some key targets for 2025-26 will be to:

- 1. Review & amend all key areas and objectives of the Strategic Plan for 2025-28.
- **2**. Promote quality assurance via projects identified by re-convened sub-group to Board, and target the GSK funding agency with an application for *Organisations Making A Difference*.
- 3. Streamline website for online purchases, promote 25th Anniversary, successes & services.
- **4.** Develop a social media strategy via a marketing consultant rather than sub-group to promote MAF, nurture more engagement with donors, and highlight training & staffing opportunities.
- 5. Recruit & induct a Volunteer Co-ordinator by autumn to train more volunteers to top up pool.
- 6. Recruit more Trustees with relevant skills for succession planning of key roles, eg. Treasurer.
- 7. Provide more open sessions/ network events to engage with potential Trustees/ stakeholders.
- **8.** Continue Partnership with Glasgow Links Practitioners to develop/ promote the Glasgow Hub, delivering programmes in a variety of settings & seeking more joint project working.
- **9.** Develop and research collaborative partnerships to enhance referral routes eg Future Pathways and promote further help for BAME survivors, with a project (pending funding).
- 10. Undertake collaborative partnerships to promote MAF eg potential Bairns' Hoose work.
- 11. Utilise our twice-yearly newsletter to seek wider distribution at networking/social events.
- 12. Consolidate Gold Status Award for LGBTQ+ and streamline policies on gender matters.

Auditor

In accordance with the company's articles, a resolution proposing that Henderson Loggie LLP be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees on 11 November 2025 and subsequently signed on their behalf on 20 November 2025 by

Peter McCrossan
Chair & Trustee

20 November 2025

Statement of trustees' responsibilities

for the year ended 31 March 2025

The trustees, who are also the directors of The Moira Anderson Foundation for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Independent auditor's report

to the members and trustees of The Moira Anderson Foundation

Opinion

We have audited the financial statements of The Moira Anderson Foundation (the 'charitable company') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice: and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Independent auditor's report (continued)

to the members and trustees of The Moira Anderson Foundation

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 requires us to report to you if, in our opinion:

- adequate and proper accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charitable company for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Independent auditor's report (continued)

to the members and trustees of The Moira Anderson Foundation

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below:

As part of our planning process:

- We enquired of management about the systems and controls the charitable company has in place, the areas of the financial statements that are most susceptible to the risk of irregularities and fraud, and whether there was any known, suspected or alleged fraud. Management informed us that there were no instances of known, suspected or alleged fraud;
- We obtained an understanding of the legal and regulatory frameworks applicable to the charitable company. We determined that the following were most relevant: Health and Safety; Data Protection Act 2018, employment law (including the payroll and pension regulations); and compliance with the UK Companies Act 2006, Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts Regulations 2006;
- We considered the incentives and opportunities that exist in the charitable company, including the extent of management bias, which present a potential for irregularities and fraud to be perpetrated, and tailored our risk assessment accordingly; and
- Using our knowledge of the charitable company, together with the discussions held with management at the planning stage, we formed a conclusion on the risk of misstatement due to irregularities including fraud and tailored our procedures according to this risk assessment.

The key procedures we undertook to detect irregularities including fraud during the course of the audit included:

- Inquiry of management about any known or suspected instances of non-compliance with laws and regulations and fraud;
- · Reviewing minutes of board meetings and key policies in place;
- Reading correspondence with regulators including OSCR;
- Challenging assumptions and judgements made by management in their significant accounting estimates, particularly in relation to provisions for doubtful debts, the useful lives of fixed assets, and the accuracy of accruals and deferred income; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness.

Owing to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Independent auditor's report (continued)

to the members and trustees of The Moira Anderson Foundation

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Keith Macpherson (Senior Statutory Auditor)

Will Clayderson

For and on behalf of Henderson Loggie LLP, Statutory Auditor

Chartered Accountants

The Stamp Office

Level 5

10 - 14 Waterloo Place

Edinburgh

EH1 3EG

20 November 2025

The Moira Anderson Foundation

Statement of financial activties including income and expenditure

for the year ended 31 March 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024	Total 2024 £
Income from:							
Donations and	2	135,876	622,049	757 025	146.026	666 276	040 240
legacies Charitable activities	3 4	2,075	622,049	757,925 2,075	146,036 4,114	666,276	812,312 4,114
Other trading	4	2,073	-	2,073	4,114	-	4,114
activities	5	22,248	_	22,248	22,971	-	22,971
Investments	6	2,658	-	2,658	3,873	-	3,873
Total income		162,857	622,049	784,906	176,994	666,276	843,270
Expenditure on:							
Raising funds	7	4,072	-	4,072	4,510	-	4,510
Charitable activities	8	120,359	650,780	771,139	168,063	643,197	811,260
Total expenditure		124,431	650,780	775,211	172,573	643,197	815,770
Net income/(expend	diture)	38,426	(28,731)	9,695	4,421	23,079	27,500
Transfers between funds					17,002	(17,002)	
Net movement in funds	10	38,426	(28,731)	9,695	21,423	6,077	27,500
Reconciliation of fu							
Fund balances at 1 A 2024	pril	237,634	127,499	365,133	216,211	121,422	337,633
Fund balances at 3 ^o March 2025	1	276,060	98,768	374,828	237,634	127,499	365,133

The notes on pages 21 to 33 form part of these financial statements.

Balance Sheet

as at 31 March 2025

		202	25	202	4
	Notes	£	£	£	£
Fixed assets					
Tangible assets	13		15,201		30,219
Current assets					
Debtors	14	68,118		21,619	
Cash at bank and in hand		516,296		360,378	
		584,414		381,997	
Creditors: amounts falling due within	15	(004 -00)		(47.000)	
one year		(224,787)		(47,083)	
Net current assets			359,627		334,914
Total assets less current liabilities			374,828		365,133
			====		====
The funds of the charitable company					
Restricted income funds	18		98,768		127,499
Unrestricted funds	19		276,060		237,634
			374,828		365,133

The notes on pages 21 to 33 form part of these financial statements.

The financial statements were approved by the trustees on 11 November 2025 and subsequently signed on their behalf on 20 November 2025 by

Peter McCrossan

Chair & Trustee

Company registration number SC205665 (Scotland)

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Statement of cash flows

for the year ended 31 March 2025

		202	5	2024	
	Notes	£	£	£	£
Cash flows from operating activities					
Cash generated from operations	24		153,260		58,477
Investing activities					
Purchase of tangible fixed assets		-		(17,481)	
Investment income received		2,658		3,873	
Net cash generated from/(used in) inve	esting				
activities			2,658		(13,608)
Net cash generated from financing act	ivities		-		-
Not increase in each and each annively			455.040		44.000
Net increase in cash and cash equivale	ents		155,918		44,869
Cash and cash equivalents at beginning of	of year		360,378		315,509
Cash and cash equivalents at end of ye	ear		516,296		360,378

Notes to the financial statements

for the year ended 31 March 2025

1 Accounting policies

Charity information

The charitable company is a public benefit entity and private company limited by guarantee incorporated in Scotland and a registered charity in Scotland. The registered office is 3 Mavisbank Street, Airdrie, North Lanarkshire, ML6 0JA.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charitable company's governing document, the Companies Act 2006 the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The funding landscape continues to be challenging and the trustees continue to closely monitor the financial position. Forecasts for the remainder of year 2025/26 show no financial concerns and unrestricted free reserves are available to cover the charitable company's core operating and overhead costs.

Looking 12 months ahead from the date of approval of these financial statements, while securing funding beyond March 2026 remains uncertain at present, given the timing of applications we are confident that further funding will be obtained.

The trustees, therefore, have made an informed judgement, at the time of approving the financial statements, the trustees have a reasonable expectation that the charitable company has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds can be used in accordance with the charitable objective at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charitable company. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Where restricted funds are received for the purpose of purchasing fixed assets the restriction is deemed fulfilled and a transfer made to unrestricted funds when the assets are purchased.

1.4 Income

All income including donated services is included on the statement of financial activities when the charitable company is entitled to the income, it is probable it will be received and the amount can be quantified with reasonable accuracy. The value of services provided by volunteers has not been included in these accounts.

Notes to the financial statements (continued)

for the year ended 31 March 2025

1 Accounting policies (continued)

1.5 Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Expenditure includes any VAT which cannot be recovered and is reported as part of the expenditure to which it relates. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Expenditure on raising funds

These comprise the costs associated with attracting donations.

Expenditure on charitable activities

Charitable expenditure comprises those costs incurred by the charitable company in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Governance costs include those costs associated with meeting the constitutional and statutory requirement of the charitable company and include the audit fees and costs linked to the strategic management of the charitable company.

1.6 Tangible fixed assets

Only items costing more than £1,500 will be capitalised. Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Plant and equipment 25% straight line Fixtures and fittings 20% straight line

1.7 Cash and cash equivalents

Cash and cash equivalents comprise cash at bank.

1.8 Financial instruments

Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Basic financial assets

Debtors are recognised at the settlement amount due.

Basic financial liabilities

Creditors are recognised where the charitable company has a present obligation resulting from a past event that will probably result in a transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount.

1.9 Taxation

The charitable company is exempt from corporation tax on its charitable activities.

1.10 Retirement benefits

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution salary sacrifice pension scheme. Contributions payable to the pension schemes are charged to the statement of financial activities in the period to which they relate.

Notes to the financial statements (continued)

for the year ended 31 March 2025

1 Accounting policies (continued)

1.11 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

2 Critical accounting estimates and judgements

In the application of the charitable company's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

Useful life of tangible fixed assets

Tangible fixed assets are depreciated over a period to reflect their estimated useful lives. The applicability of the assumed lives is reviewed annually, taking into account factors such as physical condition, maintenance and obsolescence. Fixed assets are also assessed as to whether there are indicators of Impairment.

Accruals and deferred income

The trustees estimate the requirements for accruals using post year-end information and detailed budget forecasts. This process identifies costs expected to be incurred for services provided by third parties. Accruals are only released when there is reasonable certainty that these costs will not be invoiced in the future.

In respect of grants received, income is deferred where it relates to specific future periods or conditions that have not yet been met. Deferred income is recognised as a liability until the charity is entitled to the funding, at which point it is released to the Statement of Financial Activities in line with the associated expenditure or performance obligations.

Provisions for doubtful debts

The trustees assess the recoverability of trade and other receivables based on historical collection rates, the age and nature of outstanding balances, and known circumstances. Where there is uncertainty over recoverability, a provision is made.

Notes to the financial statements (continued)

for the year ended 31 March 2025

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	135,876	622,049 ———	757,925 ———	146,036	666,276	812,312 ———
Donations and gifts						
Total restricted grants (see note 15)	_	622,049	622,049	_	666,276	666,276
Leathersellers	20,000	-	20,000	20,000	-	20,000
Leathersellers - Cost	400		400			
of Living	106	-	106	<u>-</u>	-	<u>-</u>
Robertson Trust	37,000	-	37,000	37,000	-	37,000
Robertson Trust - cost						
of living help	-	-	-	3,700	-	3,700
International						
Beveridge Award	-	-	-	10,000	-	10,000
Winning Leishman	25,950	-	25,950	15,150	-	15,150
Other	52,820	-	52,820	60,186	-	60,186
	135,876	622,049	757,925	146,036	666,276	812,312

4 Income from charitable activities

	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£
Provision of counselling, support and seminars	2,075	4,114

5 Income from other trading activities

	Unrestricted	Unrestricted
	funds	funds
	2025	2024
	£	£
Fundraising events	22,248	22,971

Notes to the financial statements (continued)

for the year ended 31 March 2025

6 Income from investm	nents
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7

8

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	2,658 ———	3,873
Expenditure on raising funds		
	Unrestricted funds	Unrestricted funds
	2025	2024
	£	£ 2024
Advertising	60	39
Other fundraising costs	4,012	4,471
Total costs	4,072 ———	4,510
Expenditure on charitable activities		
	Charitable	Charitable
	activities	
	2025	
	£	£
Direct costs		
Training and education	10,396	13,212
Counselling and suppport	495,147	531,471
	505,543	544,683
Share of support and governance costs		
Support	252,053	254,119
Governance	13,543	12,458
	771,139 ======	811,260
Analysis by fund		
Unrestricted funds	120,359	168,063
Restricted funds	650,780	643,197
		0.44.000

771,139

811,260

Notes to the financial statements (continued)

for the year ended 31 March 2025

9	Support costs allocated to activities		
	••	2025	2024
		£	£
	Staff costs	142,053	149,392
	Premises	57,355	54,223
	Equipment hire, maintenance and depreciation	34,415	32,871
	Telephone, postage and stationery	17,829	17,312
	Bank charges	401	321
	Governance costs	13,543	12,458
		265,596	266,577
	Analysed between:		
	Charitable activities	265,596 ———	266,577 ———
		2025	2024
	Governance costs comprise:	£	£
	Audit fees	8,910	7,920
	Legal and professional	4,633	4,538
		13,543	12,458
10	Net movement in funds	2025 £	2024 £
	The net movement in funds is stated after charging/(crediting):	Z.	£
	Fees payable for the audit of the charity's financial statements	8,400	8,010
	Depreciation of owned tangible fixed assets	15,018	16,818

11 Trustees

During the year, one trustee, Sandra Brown, was reimbursed a total of £1,334 for expenses incurred in carrying out her duties (2024: £2,439). Of this, £nil (2024: £2,282) related to training courses delivered by Sandra Brown in her professional capacity.

No other trustees received reimbursement for expenses during the year ended 31 March 2025.

At the reporting date, no amounts were owed to any trustees (2024: £93).

Notes to the financial statements (continued)

for the year ended 31 March 2025

12 Employees

The average monthly number of employees during the year was:

2025	2024
Number	Number
6	7
13	18
	25
2025	2024
£	£
423,261 25,027 30,871 	438,396 25,109 32,125 ——— 495,630
	Number 6 13 ——— 19 ——— 2025 £ 423,261 25,027 30,871

The key management of the charitable company are deemed to be the Director and the Senior Administrators. The remuneration of key management including employers NI (but excluding adjustment for holiday pay accrual) was £67,653 (2024: £64,137) and employer pension payments were £4,952 (2024: £4,768).

There were no employees whose annual remuneration was more than £60,000.

13 Tangible fixed assets

	Plant and equipment	Fixtures and fittings	Total
	£	£	£
Cost			
At 1 April 2024	14,105	93,008	107,113
At 31 March 2025	14,105	93,008	107,113
Depreciation and impairment			
At 1 April 2024	13,598	63,296	76,894
Depreciation charged in the year	507	14,511	15,018
At 31 March 2025	14,105	77,807	91,912
Carrying amount			
At 31 March 2025		15,201	15,201
At 31 March 2024	507	29,712	30,219

Notes to the financial statements (continued)

for the year ended 31 March 2025

14	Debtors		
		2025	
	Amounts falling due within one year:	£	£
	Trade debtors	40,354	8,138
	Other debtors	3,214	2,807
	Prepayments and accrued income	24,550	10,674
		68,118	21,619
15	Creditors: amounts falling due within one year	2025	2024
	Not		
	Deferred income 10	•	
	Trade creditors	22,402	
	Other taxation and social security	10,556	
	Accruals	148,898	14,688
		224,787 ———	47,083
16	Deferred income		
		2025	
		£	£
	Other deferred income	42,931	-
		2025 £	
	Deferred income is included within:	Σ.	. £
	Current liabilities	42,931	
	Movements in the year:		
	Deferred income at 1 April 2024		
	Resources deferred in the year	42,931	-
	Deferred income at 31 March 2025	42,931 ————	= ===
17	Retirement benefit schemes		
		2025	
	Defined contribution schemes	£	£
	Charge to profit or loss in respect of defined contribution schemes	30,871	32,125

Notes to the financial statements (continued)

for the year ended 31 March 2025

18 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April	Incoming	Resources	Transfers	At 31 March
	2024	resources	expended	•	2025
	£	£	£	£	£
Small Grants	11,642	67,962	(46,709)	-	32,895
Big Lottery Fund - Improving					
Lives	42,178	74,180	(113,598)	-	2,760
BBC Children in Need	10,259	34,295	(33,347)	-	11,207
GCVS Wellbeing Fund	8,043	-	(8,043)	-	-
BOS Invest Fund	5,774	33,390	(33,673)	-	5,491
RS Macdonald Trust	11,089	19,000	(15,100)	-	14,989
NHS GCC - Integrative	·	•	. , ,		·
Therapy	9,600	-	(8,103)	-	1,497
Filial and Art Therapy	1,002	26,250	(27,252)	-	-
Agnes Hunter Trust	4,769	-	(4,769)	-	-
VANSLAN - Health &	·		, ,		
Wellbeing	5,673	-	(5,673)	-	-
Glasgow Mental Health &					
Wellbeing	9,970	-	(8,511)	-	1,459
NHS GCC - Support Services	7,500	-	-	-	7,500
Scottish Government -					
Survivor Fund	-	204,562	(200,333)	-	4,229
Glasgow Community Fund	-	119,110	(119,110)	-	-
Henry Smith	-	43,300	(26,559)	-	16,741
	127,499	622,049	(650,780)		98,768

Notes to the financial statements (continued)

for the year ended 31 March 2025

18 Restricted funds (continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
Small Grants	4,032	51,621	(44,063)	52	11,642
Awards For All	4,704	-	(4,704)	-	-
Scottish Government -					
Survivor Fund	-	209,125	(209,318)	193	-
Glasgow Community Fund	(2,854)	119,268	(116,485)	71	-
Barcapel Foundation	6,480	-	(6,481)	1	-
Big Lottery Fund - Improving					
Lives	37,853	130,462	(126,137)	-	42,178
Big Lottery - Improving Lives					
Uplift	-	6,523	(6,523)	-	-
BBC Children in Need	8,962	27,816	(26,519)	-	10,259
Kilpatrick Fraser	1,382	-	(1,387)	5	-
Clothworkers	7,750	-	(1,769)	(5,981)	-
Health & Social Care Alliance			(0.000)	0.4	
Scotland	6,639	-	(6,660)	21	-
GCVS Wellbeing Fund	9,600	-	(1,557)	-	8,043
BOS Invest Fund	5,781	29,035	(29,042)	-	5,774
BOS 10% uplift	-	4,355	(4,355)	<u>-</u>	-
Hospital Saturday Fund	4,849	-	(4,920)	71	-
Stafford Trust	1,436	-	(1,366)	(70)	-
RS Macdonald Trust	10,914	15,195	(15,020)	-	11,089
Make Tiny Changes	4,294	-	(4,294)	-	-
HNS Greater Glasgow &					
Clyde	9,600	-	-	-	9,600
Filial and Art Therapy -		00.050	(05.040)		4 000
CYPFEIF	-	26,250	(25,248)	-	1,002
Agnes Hunter Trust	-	8,020	(3,251)	-	4,769
Access to Work DWP	-	3,854	(3,989)	135	-
Land Trust Funding	-	11,500	-	(11,500)	-
VANSLAN - Health &		F 700	(400)		F 070
Wellbeing	-	5,782	(109)	-	5,673
Glasgow Mental Health &		0.070			0.070
Wellbeing	-	9,970	-	-	9,970
NHS GCC		7,500			7,500
	121,422	666,276	(643,197)	(17,002)	127,499

Notes to the financial statements (continued)

for the year ended 31 March 2025

18 Restricted funds (continued)

The purpose and use of restricted income funds included are as follows:

Awards For All: Training of trainers for Safe Hands

Scottish Government - Survivors Fund: Intensive support by a key link worker

Glasgow Community Fund: Funding for Glasgow Hub

Barcapel Foundation: Trauma counselling & complementary therapies at GSS

Big Lottery Fund - Improving Lives: Support for the Client Support team and funding for the Positive

Steps project

BBC Children in Need: Counselling and play counselling support

Filial Art Therapy – CYPEIF: Funding for counselling

Kilpatrick Fraser: Funding for a laptop and the upgrading of some counselling spaces

Clothworkers: Internal security and kitchen refurbishment

Health & Social Care Alliance Scotland: Funding for satellite service in Glasgow

GCVS Wellbeing Fund: Counselling costs at Glasgow Hub

BOS Invest Fund: Funding for client support co-ordinator

Hospital Saturday Fund: Funding for adult counselling

Stafford Trust: Funding for GSS room hire

WCT Trust: Funding for under-25 client support co-ordinator & counselling

RS Macdonald Trust: Client support co-ordinator & counselling

Land Trust Funding: Funding to upgrade the front garden

Make Tiny Changes: Therapeutic group for young people

NHS GGC - Integrative Therapy: Contribution towards delivery of integrative therapy at Glasgow Hub

Agnes Hunter Trust: Funding to extend Self Management Services at Glasgow Hub

Access To Work DWP: Funding for work support items

VANSLAN - Health & Wellbeing: Funding for staff/room hire for HOH courses by PS staff

Glasgow Mental Health & Wellbeing: Funding for continuation of PSG 2025 and 2 HoH courses

NHS GCC - Support Services: Contribution towards support services within Glasgow City

Small Grants: Various small grants for different purposes

Notes to the financial statements (continued)

for the year ended 31 March 2025

19 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2025
	£	£	£	£	£	£
General funds	237,634	162,857	(124,431)	-	-	276,060
Previous year:	At 1 April	Incoming	Resources	Transfers	Gains and	At 31 March
	2023	resources	expended		losses	2024
	£	£	£	£	£	£
General funds	216,211	176,994	(172,573)	17,002	-	237,634

20 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	2025	2025	2025
	£	£	£
At 31 March 2025:			
Tangible assets	15,201	-	15,201
Current assets/(liabilities)	260,859	98,768	359,627
	276,060	98,768	374,828
	Unrestricted	Restricted	Total
	funds	funds	
	2024	2024	2024
	£	£	£
At 31 March 2024:			
Tangible assets	30,219	-	30,219
Current assets/(liabilities)	207,415	127,499	334,914
	237,634	127,499	365,133
	====		

Notes to the financial statements (continued)

for the year ended 31 March 2025

21 Operating lease commitments

Lessee

At the reporting end date the charitable company had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025 £	2024 £
Within one year Between two and five years	29,970 53,535	21,230 -
	83,505	21,230

22 Related party transactions

Total donations received from trustees during the year without conditions were £nil (2024: £790).

23 Ultimate controlling party

The charitable company is controlled by its trustees, no individual trustee has overall control.

24	Cash generated from operations	2025 £	2024 £
	Surplus for the year	9,695	27,500
	Adjustments for:		
	Investment income recognised in statement of financial activities	(2,658)	(3,873)
	Depreciation and impairment of tangible fixed assets	15,018	16,818
	Movements in working capital:		
	(Increase)/decrease in debtors	(46,499)	25,129
	Increase/(decrease) in creditors	134,773	(7,097)
	Increase in deferred income	42,931	-
	Cash generated from operations	153,260	58,477

25 Analysis of changes in net funds

The charitable company had no material debt during the year.