

Vision

The Moira Anderson Foundation's vision is to live in a world free from Childhood Sexual Abuse.

Mission

Our mission is raising awareness of Childhood Sexual Abuse in society, building trust with survivors and offering a range of therapeutic services in a safe and caring environment, and reducing the impact of trauma.

Moira Anderson
FOUNDATION



Opening Hours

Monday	9.00am - 5.00pm
Tuesday	9.00am - 5.00pm
Wednesday	9.00am - 7.00pm
Thursday	9.00am - 7.00pm
Friday	9.00am - 5.00pm

For information about services you can call us on **01236 602890**. You will not be asked intrusive questions. If you call outwith opening hours you can leave a confidential message on our answer service. We will return your call on your preferred number during opening hours.

MAF is an inclusive organisation welcoming everyone from the LGBT community. Staff have been trained in LGBT awareness.

Moira Anderson Foundation
3 Mavisbank Street
Airdrie
ML6 0JA

info@moiraanderson.org

The Moira Anderson Foundation is a charity
registered in Scotland SC029979



Moira Anderson
FOUNDATION

Tackling Childhood
Sexual Abuse Together

www.moiraanderson.org



MAFAirdrie

What is the Moira Anderson Foundation (MAF)?

MAF is a charity dedicated to supporting people affected by Childhood Sexual Abuse (CSA). We help children and adults of all genders. MAF has three main aims - to help people heal, to prevent further abuse and to raise awareness of this issue.

What's Provided and Where?

Counselling and Therapeutic Services are offered including Youth Counselling, Art Therapy, Thought Field Therapy, Time Line Therapy, Hypno-psychotherapy, Integrative Counselling and Play Therapy. Counselling and Therapeutic sessions for adults are time limited.

Our Positive Steps programme offers Complementary Therapies such as Indian Head Massage, Reiki and Reflexology, a 12 week self-management programme (Hands on Health) and a weekly peer support group.

We also offer one to one on-going support by trained staff and run various groups for our clients.

Our service is delivered from our main base in Airdrie. Some of the therapies are also provided in Glasgow and occasionally elsewhere.

Safe Hands Training is a two day course which promotes personal safety strategies. We offer our unique training for schools and other agencies which prioritise Child Protection.

***Please see website for further information - www.moiraanderson.org**

How do I get in touch?

MAF takes referrals from voluntary and statutory organisations e.g. Local Authority, Health and Police. You may also self refer. You can contact us by phone or email.

What can I expect?

All calls are treated sensitively by staff and our trained volunteers.

You'll be offered an initial appointment with one of our Client Support Officers, this lets you find out more about the services we provide. It also gives you, or your family, a chance to discuss any fears or worries you may have.

At an initial appointment we gather some basic information. You won't need to answer any questions you aren't comfortable with. Choice of therapy is client led, with guidance from support staff where necessary. Due to demand for our services we have to operate a waiting list, which can vary, but we will provide an estimated wait time and endeavor to offer appointments as soon as possible. There is no cost to our clients for our services.